



Marathon Couples Therapy

Options for marathon couples therapy

Breakfree Psychology Services

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Services available in Townsville, Port Douglas and Melbourne

Product name	Description	Type of relationship	Weekday Price	Option Selected	Dietary Requirements
½ Marathon	A 1 day marathon, including 1 full day of couples therapy and all the assessment sessions completed online prior to the 1 full day.	<i>Low to medium conflict couples, with a few weak areas in the relationship.</i>	\$3,800.00	<input type="checkbox"/>	
Marathon	A 2 day marathon, including 2 full days of couples therapy and all of the assessment sessions completed within the 2 full days.	<i>Medium conflict couples, with a moderate number of weak areas in the relationship.</i>	\$5,000.00	<input type="checkbox"/>	
Marathon Plus	A 2 day marathon, including 2 full days of couples therapy and all the assessment sessions completed online PRIOR to the 2 full days.	<i>Medium/high conflict couples, with a moderate/high number of weak areas in the relationship.</i>	\$6,300.00	<input type="checkbox"/>	
3 Day Marathon	A 3 day marathon, including 3 full days of couples therapy and all of the assessment sessions completed within the 3 full days.	<i>High conflict couples, with a high number of weak areas in the relationship.</i>	\$9,375.00	<input type="checkbox"/>	



Reminder from Breakfree Psychology Services 50% payment is required at the time of your booking, with the remainder due 3 weeks prior to your marathon, except where your booking is made within 3 weeks of the marathon or interstate travel is needed.



Extra Details A full day of therapy is 8.30am to 4.30pm. Catering is provided. Weekend bookings attract a 25% extra charge. Assessment sessions entail: 1 x 60 minute history interview, 2 x 45 minute individual sessions, 1 x feedback session.