

Marathon Couples Therapy

Options for marathon couples therapy

Breakfree Psychology Services

Pullman Port Douglas Sea Temple Resort and Spa

0497 462 342

ryan@breakfreepsychologyservices.com.au

www.breakfreepsychologyservices.com.au

Services available in Port Douglas

Product name	Description	Type of relationship	Weekday Price	Option Selected	Dietary Requirements
½ Marathon	A 1 day marathon, including 1 full day of couples therapy and all the assessment sessions completed online prior to the 1 full day.	*Low to medium conflict couples, with a few weak areas in the relationship.*	$3,800.00	☐	
Marathon	A 2 day marathon, including 2 full days of couples therapy and all of the assessment sessions completed within the 2 full days.	*Medium conflict couples, with a moderate number of weak areas in the relationship.*	$5,000.00	☐	
Marathon Plus	A 2 day marathon, including 2 full days of couples therapy and all the assessment sessions completed online PRIOR to the 2 full days.	*Medium/high conflict couples, with a moderate/high number of weak areas in the relationship.*	$6,300.00	☐	
3 Day Marathon	A 3 day marathon, including 3 full days of couples therapy and all of the assessment sessions completed within the 3 full days.	*High conflict couples, with a high number of weak areas in the relationship.*	$9,375.00	☐	

Reminder from Breakfree Psychology Services 50% payment is required at the time of your booking, with the remainder due 3 weeks prior to your marathon, except where your booking is made within 3 weeks of the marathon or interstate travel is needed.

Extra Details A full day of therapy is 8.30am to 4.30pm. Catering is provided. Weekend bookings attract a 25% extra charge.

Assessment sessions entail: 1 x 60 minute history interview, 2 x 45 minute individual sessions, 1 x feedback session.